



Relationships

Top Tips Cards - Ages 7-8 - Piece 3

**Only add people
you know and trust
in real life as friends.**

**Treat people online with
respect.**

**Don't say unkind things
to others online.**

**Only chat or message
people who you know
and trust in real life.**

**Don't give anyone your
passwords.**

**If someone is asking you
to keep a secret online,
discuss this with an
adult you trust. Some
secrets are 'worry
secrets' and should be
shared.**

**Check out any new apps
and websites you want
to use with somebody
you trust, and get
permission to use them.**

**Don't send pictures of
yourself, or give details
like your age, school
and address to people
online. If someone
online is asking, check it
out with an adult first, it
is not always safe.**

**If you are worried about
anything you have done
or seen online, don't
keep it a secret. Talk to
an adult you trust.**