

## WOODHOUSE GROVE SCHOOL

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Dear Parent,

I write to inform you about our Personal, Social, Health and Citizenship Education (PSHCE) and Spiritual, Moral, Social and Cultural Developments (SMSC) programme for all Year 9 students. Pupils will follow a series of lessons based around the three core themes recommended:

Health and Wellbeing	Living in the Wider World	Relationships (RSE)
First Aid	How does knife crime impact on our communities, why do teens get involved?	Homophobia
How can we manage the stress of school and exams?	Discrimination	Why are British communities so diverse? Immigration and diversity focus.
Why do people take illegal drugs?	Sophie Lancaster Project	What are domestic violence and abusive relationships?
Drugs and the Law	Online Safety	The dangers of Pornography.
Understanding Addictions	How does the law deal with young offenders?	CCE – how are children and young people lured into dangerous relationships and what do these look like?
Why do people become selfie- obsessed?	Gangs	Body image and the media.
What are the short and long-term problems of drinking?	Lessons from 7/7 Miriams Vision	What is Sexual Harassment?
Responsible health choices – blood donation, stem cells, vaccinations	Money Matters	What is peer-pressure – why is it so powerful and how can we overcome this?
Vaping	How can extreme views lead to human rights abuses?	Marriage and Civil partnerships
Energy Drinks and Vos	Character Education	Consent
Mental health – how can I deal with and manage anxiety?	Knife Crime Workshop	Relationship expectations
Coping with grief and bereavement		Good Sexual health and Sti's

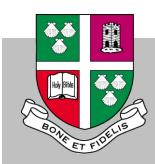
These topics all provide opportunities for the pupil to grow and develop as individuals. They learn to work and discuss in groups and as a whole class unit thereby listening to other people's opinions and learning to work together.

As you may already be aware, Relationships and Sex Education (RSE), along with Health Education, has formed part of the National Curriculum. As part of our school's wider PSHCE programme, your child will soon receive age-appropriate lessons on relationships, sexual health and personal safety. We are still waiting for the Government to send out new guidelines but please be re-assured we work tirelessly to make sure the content is suitable for our students. The purpose of the upcoming curriculum is to provide knowledge and understanding of safe and healthy relationships based on respect. This is to encourage the development of safe and healthy relationships throughout life. The subject is designed to help children from all backgrounds build positive and safe relationships, and to thrive in modern Britain.

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You can access all the RSE lesson content and the RSE Policy via Firefly.

You do have a right to withdraw your child from sex education delivered as part of RSE in secondary schools which, unless there are exceptional circumstances, will be granted up to three terms before your child turns 16. At this point, if the child themselves wishes to receive sex education rather than be withdrawn, the school must make arrangements for this to happen in one of the three terms before the child turns 16 - the legal age of sexual consent. There is no right to withdraw from Relationships Education at secondary level and we believe the content of these subjects – such as family, friendship, safety (including online safety) – are important for all children to be taught.

Our PSHEE and SMSC programme along with our shared values for Methodist education and broad curriculum compliment and reinforce our aims to provide students with a wider knowledge and understanding of many issues. We endeavour to ensure each individual develops the ability to deal with a variety of situations, moral and social dilemmas, develop skills, acquire knowledge and make informed choices and decisions so they grow into responsible citizens.

If you have any questions about the course, please do not hesitate to contact me.

Yours sincerely



Mrs R Vernon
Head of Wellbeing

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