

WOODHOUSE GROVE SCHOOL

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Dear Parent,

I write to inform you about our Personal, Social, Health and Citizenship Education (PSHCE) and Spiritual, Moral, Social and Cultural Developments (SMSC) programme for all Year 10 students. Pupils will follow a series of lessons based around the three core themes recommended:

Health and Wellbeing	Living in the Wider World	Relationships (RSE)
Can tattoos and piercings be dangerous?	What is Fake News and why do we need critical thinking skills?	Sexual Activities & Same sex relationships
Why do some people commit suicide?	Taboo Topics	Why do sexism, gender prejudice and stereotypes still exist?
How can we manage social anxiety?	Crime and County Lines., gangs	Pregnancy and Parenting
Why do some people become homeless and why is homelessness on the increase?	Incels	Healthy sexual relationships
Drugs – choices?	Forced Marriages	Expectations in a sexual relationships
What is binge drinking, what are the risks and why do people still do it?	British Values – how does the criminal justice system work	Consent
Gambling and Gaming	What is overt and covert racism and why are people still prejudiced?	Screwball Film – Ready for Sex or Not (peer pressure)
Social Media and Self-Esteem	FGM – What and Why?	Revenge Porn – what is this and how can we prevent ourselves from being victims?
Internet Safety – the dangers of excessive screen time	Online influencers	Healthy or unhealthy relationships
Knowing your normal - Breast and Testicular cancer	Finance and Budgeting/saving	Harassment and stalking – what are these things and what does the law say about it?

These topics all provide opportunities for the pupil to grow and develop as individuals. They learn to work and discuss in groups and as a whole class unit thereby listening to other people's opinions and learning to work together.

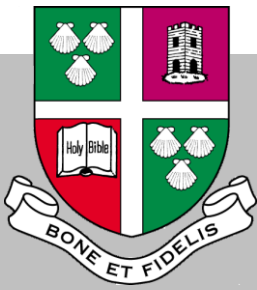
As you may already be aware, Relationships and Sex Education (RSE), along with Health Education, has formed part of the National Curriculum. As part of our school's wider PSHCE programme, your child will soon receive age-appropriate lessons on relationships, sexual health and personal safety. We are still waiting for the Government to send out new guidelines but please be re-assured we work tirelessly to make sure the content is suitable for our students. The purpose of the upcoming curriculum is to provide knowledge and understanding of safe and healthy relationships based on respect. This is to

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I am Grovian.



Woodhouse Grove School is part of the Methodist Independent Schools Trust.
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encourage the development of safe and healthy relationships throughout life. The subject is designed to help children from all backgrounds build positive and safe relationships, and to thrive in modern Britain.

You can access all the RSE lesson content and the RSE Policy via Firefly.

You do have a right to withdraw your child from sex education delivered as part of RSE in secondary schools which, unless there are exceptional circumstances, will be granted up to three terms before your child turns 16. At this point, if the child themselves wishes to receive sex education rather than be withdrawn, the school must make arrangements for this to happen in one of the three terms before the child turns 16 - the legal age of sexual consent. There is no right to withdraw from Relationships Education at secondary level and we believe the content of these subjects – such as family, friendship, safety (including online safety) – are important for all children to be taught.

Our PSHEE and SMSC programme along with our shared values for Methodist education and broad curriculum compliment and reinforce our aims to provide students with a wider knowledge and understanding of many issues. We endeavour to ensure each individual develops the ability to deal with a variety of situations, moral and social dilemmas, develop skills, acquire knowledge and make informed choices and decisions so they grow into responsible citizens.

If you have any questions about the course, please do not hesitate to contact me.

Yours sincerely

Mrs R Vernon
Head of Wellbeing

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