



WOODHOUSE GROVE SCHOOL

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Dear Parent,

I write to inform you about our Personal, Social, Health and Citizenship Education (PSHCE) and Spiritual, Moral, Social and Cultural Developments (SMSC) programme for all Year 11 students. Pupils will follow a series of lessons based around the three core themes recommended:

Living in the Wider World	Health and Wellbeing	Relationships (RSE)
Time to Talk Mental Health Kooth.com	Alcohol and Safety	Beaten by my partner
Protected characteristics	First Aid	CSE – sick party
Finance with HSBC	Teenage Cancer Awareness	Red flags in relationships
Safer Internet	Teenagers and Risk-Taking	Consent and Sexual offences
Incels and Influencer's	Murder Games	Fertility and Parenthood
Knife Crime	Festival Safety & Drugs the Police	Sexual Ed in a Nutshell

As you may already be aware, Relationships and Sex Education (RSE), along with Health Education, has formed part of the National Curriculum. As part of our school's wider PSHCE programme, your child will soon receive age-appropriate lessons on relationships, sexual health and personal safety. We are still waiting for the Government to send out new guidelines but please be re-assured we work tirelessly to make sure the content is suitable for our students.

The purpose of the upcoming curriculum is to provide knowledge and understanding of safe and healthy relationships based on respect. This is to encourage the development of safe and healthy relationships throughout life. The subject is designed to help children from all backgrounds build positive and safe relationships, and to thrive in modern Britain.

You can access all the RSE lesson content and the RSE Policy via Firefly.

You do have a right to withdraw your child from **sex** education delivered as part of RSE in secondary schools which, unless there are exceptional circumstances, will be granted up to three terms before your child turns 16. At this point, if the child themselves wishes to receive sex education rather than be withdrawn, the school must make arrangements for this to happen in one of the three terms before the child turns 16 - the legal age of sexual consent. There is no right to withdraw from Relationships Education at secondary level and we believe the content of these subjects – such as family, friendship, safety (including online safety) – are important for all children to be taught.

Our PSHEE and SMSC programme along with our shared values for Methodist education and broad curriculum compliment and reinforce our aims to provide students with a wider knowledge and understanding of many issues. We endeavour to ensure each individual develops the ability to deal with a variety of situations, moral and social dilemmas, develop skills, acquire knowledge and make informed choices and decisions so they grow into responsible citizens.

If you have any questions about the course, please do not hesitate to contact me.

Yours sincerely

Mrs R Vernon
Head of Wellbeing

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I am Grovian.



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